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KINESIOLOGY (PERFORMANCE PSYCHOLOGY) - BACHELOR OF SCIENCE IN KINESIOLOGY

A Suggested Plan of Study for Students

This roadmap assumes student placement in MATH 1220G College Algebra and ENGL 1110G Composition I. The contents and order of this roadmap may vary depending on initial student placement in mathematics and English. It is only a suggested plan of study for students and is not intended as a contract. Course availability may vary from fall to spring semester and may be subject to modification or change.

Semester 1CreditsENGL 1110GComposition 14Choose one from the following:4BlOL 2610GPrinciples of Biology. Biodiversity. Ecology, and & BIOL 2610LPrinciples of Biology. Biodiversity. Ecology, and Evolution LaboratoryCHEM 1215GGeneral Chemistry 1 Lecture and Laboratory for STEM Majors3PHYS 1230LAlgebra-Based Physics I LabPSYC 1110GIntroduction to Psychology3Area V: Creative and Fina Arts3SPMD 1310Introduction to Kinesiology3Area V: Creative and Fina Arts3Semester 23Area 1: English Comp Level 23Area 1: Mathematics3-4Choose one from the following:4BIOL 2110GPrinciples of Biology. Cellular and Molecular Molecular Biology Laboratory3CHEM 1225GGeneral Chemistry II Lecture and Laboratory for STEM Majors3PHYS 1240GAlgebra-Based Physics II3Area V: Humanities33SPMD 1350Social Foundations of Physical Activity3SPMD 1350Social Foundations of Physical Activity3SPMD 2210Anatomy and Physiology I as3SPMD 2210Anatomy and Physiology I3SPMD 2210Anatomy and Physiology I3SPMD 2210Anatomy and Physiology I3SPMD 2210Anatomy and Physiology I3SPMD 2210Anatomy and Physiology II Lab3Veiveing Wider World33SPMD 2210LAnatomy	First Year		
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Area II: Mathematics3-4Choose one from the following:4BIOL 2110GPrinciples of Biology. Cellular and Molecular Biology and Principles of Biology. Cellular and Molecular Biology Laboratory4& BIOL 2110LBiology and Principles of Biology. Cellular and Molecular Biology Laboratory4CHEM 1225GGeneral Chemistry II Lecture and Laboratory for STEM Majors3PHYS 1240GAlgebra-Based Physics II3Area V: Humanities33SPMD 1350Social Foundations of Physical Activity3Credits16-17Second YearSemester 1Area I: Oral Communications3General Education Elective3-4SPMD 2210Anatomy and Physiology I3SPMD 2250Fitness for Health and Sport3Viewing Wider World33CreditsInterst 2SPMD 3210Anatomy and Physiology II3	Semester 2		
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Area V: Humanities 3 SPMD 1350 Social Foundations of Physical Activity 3 Credits 16-17 Second Year 3 Semester 1 4 Area I: Oral Communications 3 General Education Elective 3-4 SPMD 2210 Anatomy and Physiology I 3 SPMD 2210 Anatomy and Physiology Laboratory 1 SPMD 2250 Fitness for Health and Sport 3 Viewing Wider World 3 3 Credits 16-17 Semester 2 5 5 SPMD 3210 Anatomy and Physiology II 3	CHEM 1225G		
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General Education Elective 3-4 SPMD 2210 Anatomy and Physiology I 3 SPMD 2210L Anatomy and Physiology Laboratory 1 SPMD 2250 Fitness for Health and Sport 3 Viewing Wider World 3 3 Credits 16-17 Semester 2 SPMD 3210 Anatomy and Physiology II 3		Credits	16-17
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SPMD 2210L Anatomy and Physiology Laboratory 1 SPMD 2250 Fitness for Health and Sport 3 Viewing Wider World 3 3 Credits 16-17 SPMD 3210 Anatomy and Physiology II 3	General Education El	lective	3-4
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Credits 16-17 Semester 2 SPMD 3210 Anatomy and Physiology II 3	SPMD 2250	Fitness for Health and Sport	3
Semester 2 SPMD 3210 Anatomy and Physiology II 3	Viewing Wider World		3
, , , ,,	Semester 2	Credits	16-17
, , , ,	SPMD 3210	Anatomy and Physiology II	3
	SPMD 3210L		

SPMD 3410	Exercise Physiology	3
Psychology Course-S	ee Psychology Dept Courses (300/400)	3
Choose one from the	following:	3
A ST 311	Statistical Applications	
MATH 1350G	Introduction to Statistics	
MATH 2350G	Statistical Methods	
SPMD 3350	Inferential Statistics in Sport and Exercise	
	Science	
Viewing Wider World		3
	Credits	16
Third Year		
Semester 1		
SPMD 3450	Biomechanics	3
SPMD 3450L	Biomechanics Laboratory	1
SPMD 3550	Psychology of Sport	3
SPMD 3650	Motor Development	3
Psychology Course-S	ee Psychology Dept Courses (300/400)	3
Psychology Course-S	ee Psychology Dept Courses (300/400)	3
	Credits	16
Semester 2		
SPMD 3610	Health and Exercise Psychology	3
SPMD 3710	Motor Learning	3
Psychology Course-S	ee Psychology Dept Courses (300/400)	3
Psychology Course-S	ee Psychology Dept Courses (300/400)	3
Psychology Course-S	ee Psychology Dept Courses (300/400)	3
	Credits	15
Fourth Year		
Semester 1		
Physical Education Course (PHED)		1
Physical Education C	ourse (PHED)	1
Physical Education C	ourse (PHED)	1
Kinesiology Approved	I Elective	3
Kinesiology Approved	I Elective	3
Kinesiology Approved	I Elective	3
Kinesiology Approved Financial Aid	Elective: If Needed to enroll in 15 credits for	
	Credits	12
Semester 2		
Kinesiology Approved	I Elective	3
Kinesiology Approved	l Elective	3
SPMD 4998	Internship	6
Kinesiology Approved Financial Aid	Elective: If Needed to enroll in 15 credits for	
	Credits	12
	Total Credits	120-122

¹ These courses may have prerequisites and/or co-requisites, and it is the students responsibility for checking and fulfilling all those requirements.

² See the General Education (https://catalogs.nmsu.edu/nmsu/generaleducation-viewing-wider-world/) section of the catalog for a full list of courses.

³ See the Viewing a Wider World (https://catalogs.nmsu.edu/ nmsu/general-education-viewing-wider-world/ #viewingawiderworldtext) section of the catalog for a full list of

#viewingawiderworldtext) section of the catalog for a full list o courses.

- 2 Kinesiology (Performance Psychology) Bachelor of Science in Kinesiology
- ⁴ A list of approved electives can be found at https://kind.nmsu.edu/kin/ (https://kind.nmsu.edu/).