

# NA - NURSING ASSISTANT

## NA 101. Nursing Assistant Theory and Lab

### 5 Credits (4+2P)

Nurse aide skills with emphasis on a bio-psychosocial-cultural approach to resident/patient/client care. Students will learn the nursing assistant roles, responsibilities, and scope of practice while learning, developing, and practicing clinical skills in the nursing laboratory. With successful completion of NA 101 and NA 201, the student meets the New Mexico Department of Health training requirements and is eligible to take the Nurse Aide Training & Competency Evaluation Program (NATCEP) nursing assistant certification exam. Students must have current Basic Life Support for Health Care Providers. Requires a C (80%) or better to pass. Restricted to Community Colleges campuses only.

**Corequisite:** NA 201.

### Learning Outcomes

1. Apply theoretical knowledge associated with nursing assisting in providing basic healthcare services.
2. Perform essential clinical skills within the nursing assistant scope of practice in long-term, acute care, and ambulatory care settings.
3. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when indicated, including resident/patient compromise or complications.
4. Demonstrate professional conduct and interpersonal communication skills with patients, other health care professionals, and with the public.
5. Recognize the responsibilities of other health care personnel and interact with them with respect for their healthcare roles and resident/patient care.
6. Apply basic scientific principles and evidenced-based practice in learning new techniques and procedures.
7. Relate vital signs, point-of-care testing, and physical psychological findings to common disease processes.
8. Evaluate occupational exposures, environmental safety hazards, high risk situations, and emergency responses related to health care professions.
9. Demonstrate soft skills related to assisting with patient assessment, mobility, safety, nutrition, and care of the environment. 1
10. Demonstrate professionalism when interacting with patient populations across the lifespan; including patient education and emergent situations. 1
11. Explain legal and ethical considerations, including HIPAA and scope of practice related to healthcare settings.

## NA 102. Sterile Processing Technician

### 3 Credits (2+1P)

This course will prepare the student to work as a Sterile Processing Technician, performing critical functions that support both the hospital and Operating Room. The student will learn about infection control, instrument reprocessing, decontamination, disinfection, and sterilization. All critical aspects of sterile processing will be covered to include applicable standards and regulations. This field is constantly evolving and those desiring to work in this profession must ensure that they stay abreast of the science behind the discipline. Restricted to Community Colleges campuses.

**Prerequisite:** CCDE 110 N.

### Learning Outcomes

1. Summarized the legal responsibilities, ethical standards, and safety practices related to Sterile Processing.

2. Control and eliminate the spread of microorganisms.
3. Articulate standards and regulations as well as recommendations by professional organizations.
4. Properly clean, decontaminate, disinfect, and sterilize basic surgical instrumentation.
5. Prepare and assemble surgical trays and kits to include packaging and quality assurance indicators.
6. Utilize various sterilization modalities.

## NA 104. Nursing Assistant Fundamentals

### 3 Credits (3)

This course prepares students for employment as a Nursing Assistant in a Long Term Care Facility. Theory and basic nursing care skills will be taught with an emphasis being placed on the psychosocial-cultural approach to client care. Students will learn communication skills, basic anatomy and physiology, growth and development, infection control, body mechanics, basic nutrition, client/resident elimination needs, the client/resident unit, vital signs, range of motion exercises, bed making, rehabilitation and restorative care, client admission and discharge, common health problems, dealing with death and dying, and basic medical terminology. NA 104 and NA 104L (laboratory) must be successfully completed with a C- or better in order to continue to NA 105 Nursing Assistant Clinical. NA 105 must also be successfully completed with a C- or better to be eligible to take the state certification competency examination. Attendance is required to meet the federal requirements for training hours and content prior to direct contact with a patient/resident and the state competency examination. Students must test out of all CCDE and CDDR courses and eligible to take ENGL 1110G to enroll in this course. Restricted to Community Colleges campuses only.

**Corequisite(s):** NA 104 L.

## NA 104 L. Nursing Assistant Fundamentals Lab

### 1 Credit (3P)

This course prepares students for employment as a Nursing Assistant in a Long Term Care Facility. Students will learn and demonstrate personal care skills including bathing, grooming, dressing, toileting, assisting with eating and hydration, skin care, transfers and positioning. Students will also learn and demonstrate the use of assistive devices, and how to maintain resident safety, dignity and privacy. NA 104 & NA 104L must be successfully completed with a C- or greater in order to continue to NA 105 Clinical. NA 105 must be successfully completed with a C- or greater to be eligible to take the state certification competency examination.

**Prerequisite(s)/Corequisite(s):** NA 104. Prerequisite(s): English COMPASS score of 35 or greater or CCDE 110N, and reading COMPASS score of 55 or greater or CDDR 105N. Restricted to Community Colleges campuses only.

## NA 105. Nursing Assistant Clinicals

### 4 Credits (3+3P)

Extension of basic fundamentals of personal care, including theory, skills and clinical experience leading to the certified Nursing Assistant Examination at the conclusion of the semester. Continuation of NA 104. Requires a C or better to pass. Restricted to: Community Colleges only.

**Prerequisite(s):** C or better in NA 104 or consent of instructor.

## NA 109. Phlebotomist Basic

### 4 Credits (3+3P)

This course provides the latest information, techniques, skills, and equipment for blood and specimen collection based on the standards of the Clinical and Laboratory Standards Institute, Needlestick Prevention Act, Joint Commission 2008 National Patient Safety Goals, OSHA and CDC. An advanced skills lab is included in the course to provide a "hands-on" practice experience and a 30 hour practicum in a supervised

work environment collecting blood and specimens on actual patients for laboratory tests. Attendance is mandatory. Prepares students for employment as a phlebotomist in health care settings. Requires a "C" or better to pass. Upon successful completion of the course, student has the opportunity to test for National Healthcareer Certification. Consent of Instructor required. Restricted to Community Colleges campuses only.

**Prerequisite/Corequisite:** BIOL 1130 or BIOL 2225.

**Learning Outcomes**

1. Students will demonstrate use of available resources and equipment pertinent to the role of a phlebotomist.
2. Students will employ concepts of medical asepsis and infection control.

**NA 110. Electrocardiogram Technician Basic**

**4 Credits (3+2P)**

Prepares students for employment as an Electrocardiogram Technician. Includes basic theory of the cardiovascular system, cardiac rhythm interpretation, 12 lead ECG lead placement, and ECG equipment trouble shooting. The course includes an advanced skills laboratory for "hands-on" practice and 16 hours of supervised clinical in the work environment assisting with ECG testing. Attendance is mandatory. Course requires a grade of "C" or better to pass. Upon successful completion of course, student has the opportunity to test for National Healthcareer Certification. Restricted to Community Colleges campuses only.

**Learning Outcomes**

1. Perform ECG's, including patient preparation, electrode placement, recording ECG's, mounting upload of ECG to patient's chart.
2. Calculate a patient's heart rate and identify the heart rhythm from an ECG tracing.
3. Identify artifacts; waveform elements of the cardiac cycle, including variances related to ischemia, injury or infarction; as well as, major classifications of arrhythmias.
4. Prepare and monitor patient's for Holter monitoring and telemetry.
5. Prepare, conduct and monitor patients during stress testing.
6. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when indicated, including patient compromise or complications.
7. Demonstrate professional conduct and interpersonal communication skills with patients, other health care professionals, and with the public.
8. Recognize the responsibilities of other health care personnel and interact with them with respect for their jobs and patient care.
9. Apply basic scientific principles in learning new techniques and procedures. 1
10. Relate electrocardiogram findings to common disease processes.

**NA 111. Alzheimer/Dementia Care Focus**

**3 Credits (3)**

Students will learn respectful care of Alzheimer/Dementia persons while ensuring their dignity, maximizing safe independence focusing on strengths and abilities.

**Prerequisite(s)/Corequisite(s):** NA 104 or NA 101. Restricted to: Community Colleges only.

**NA 114. Patient Care Fundamentals**

**4 Credits (3+1P)**

This course provides an introduction to patient care services, functions and responsibilities for allied healthcare providers. Ethical and legal considerations; introduction to disease processes; interdisciplinary communication; and patient safety concepts are discussed. Students will

be instructed on patient intake procedures, infection control principles, safe body mechanics and patient transfer techniques.

**Prerequisite:** ENGL1110G.

**Learning Outcomes**

1. Upon successful completion of this course, students will be able to demonstrate knowledge of the healthcare delivery system and health occupations.
2. Upon successful completion of this course, students will be able to apply basic health care concepts and skills for a variety of settings and a diverse patient population.
3. Upon successful completion of this course, students will demonstrate the ability to communicate with an interdisciplinary team.

**NA 115. Phlebotomist Technician**

**6 Credits (3+6P)**

Basic theory and skills of phlebotomy following OSHA and Center for Disease Control guidelines. Prepares students for the requirements of testing for the ASCP certification exam and employment in a healthcare organization as a phlebotomist in licensed settings. Laboratory hours include infection control skills & practice, patient assessment & teaching, and practice in venipuncture. Clinical time includes clinical laboratory processes and operations, patient assessment, venipuncture, and exposure to clinical policies and procedures. Upon successful completion students are workforce ready. Requires C or better to pass. Restricted to Community Colleges campuses only.

**Learning Outcomes**

1. Collect and process biological specimens for analysis.
2. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when corrections are indicated.
3. Monitor quality control within predetermined limits.
4. Perform preventative and corrective maintenance of equipment and instruments or refer to appropriate source for repairs.
5. Demonstrate professional conduct and interpersonal communication skills with patients, laboratory personnel, other health care professionals, and with the public.
6. Recognize the responsibilities of other laboratory and health care personnel and interact with them with respect for their jobs and patient care.
7. Apply basic scientific principles in learning new techniques and procedures.

**NA 201. Nursing Assistant Theory and Clinical**

**1 Credit (2P)**

Nurse aide skills with emphasis on a bio-psychosocial-cultural approach to resident/client/patient care. Students will practice the nursing assistant roles, responsibilities, and recognize the scope of practice while learning, developing, and practicing clinical skills in the clinical setting. With successful completion of NA 101 and NA 201, the student meets the New Mexico Department of Health training requirements and is eligible to take the Nurse Aide Training & Competency Evaluation Program (NATCEP) nursing assistant certification exam. Students must have current Basic Life Support for Health Care Providers. Requires a C (80%) or better to pass. Restricted to Community College Campuses only.

**Corequisite:** NA 101.

**Learning Outcomes**

1. Apply theoretical knowledge associated with nursing assisting in providing basic healthcare services.

2. Perform essential clinical skills within the nursing assistant scope of practice in long-term, acute care, and ambulatory care settings.
3. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when indicated, including resident/patient compromise or complications.
4. Demonstrate professional conduct and interpersonal communication skills with patients, other health care professionals, and with the public.
5. Recognize the responsibilities of other health care personnel and interact with them with respect for their healthcare roles and resident/patient care.
6. Apply basic scientific principles and evidenced-based practice in learning new techniques and procedures.
7. Relate vital signs, point-of-care testing, and physical psychological findings to common disease processes.
8. Evaluate occupational exposures, environmental safety hazards, high risk situations, and emergency responses related to health care professions.
9. Demonstrate soft skills related to assisting with patient assessment, mobility, safety, nutrition, and care of the environment. 1
10. Demonstrate professionalism when interacting with patient populations across the lifespan; including patient education and emergent situations. 1
11. Explain legal and ethical considerations, including HIPAA and scope of practice related to healthcare settings.

#### **NA 204. Patient Care Technician**

##### **4 Credits (3+3P)**

This course will prepare Certified Nursing Assistants (CNAs) to work in the acute care setting through an expansion of their existing basic skill set. Students will acquire expanded acute care skills, critical thinking skills, and knowledge in caring for patients of all ages. Currently CNA certified. Restricted to Community Colleges campuses only.

**Prerequisite(s):** (NA 104, NA 105, NA 109, NA 110, AHS 120, and (BIOL 1130 or (BIOL 2210 & BIOL 2225))).

**Corequisite(s):** NA 205.

#### **NA 205. Patient Care Technicians Practicum**

##### **4 Credits (1+9P)**

This course will prepare Certified Nursing Assistants (CNAs) to work in the acute care setting through an expansion of their existing basic skill set. Students will acquire expanded acute care skills, critical thinking skills, and knowledge in caring for patients of all ages. Students will go to acute care settings to practice newly acquired skills. Must have a "C" or better to pass. Restricted to Community Colleges campuses only.

**Prerequisite(s):** (NA 104, NA 105, NA 109, NA 110, AHS 120, & (BIOL 1130 or (BIOL 2210 & BIOL 2225))) Currently CNA Certified.

**Corequisite(s):** NA 204.

#### **NA 212. Medical Assistant Capstone Course**

##### **6 Credits (6)**

This course provides the student with entry-level theory and limited "hands-on" training in basic and routine clinical office tasks. The course will equip the Medical Assistant (MA) student with the competencies required to perform in a medical office under the direct supervision of a physician. The graduate will be able to assist the physician with physical exams, ECGs, phlebotomy, and minor surgical procedures. CNA Certification within the last 5 years.

**Prerequisite(s):** NA 105, NA 110, NA 109, AHS 120, BIOL 1130, BOT 208, HIT 228, HIT 248.

#### **NA 214. Medical Assistant Practicum**

##### **6 Credits (1+6P)**

This course is the practicum for NA 212 Medical Assistant Fundamentals Capstone Course. Students will prepare for a career as a medical assistant in medical offices and clinics. During practicum students will observe and participate in 180 hours in a supervised work environment using knowledge and skills learned in NA 212. This course includes weekly post-practicum conferences with the instructor. The student will be evaluated by both the employer and the instructor. Requires a "C" or better to pass. Upon successful completion the student may be eligible to test for National Certification. Students who have been CNA Certified within the last 5 years can use this to enroll into this course. Consent of Instructor required.

**Prerequisite(s)/Corequisite(s):** NA 212. Prerequisite(s): NA 105, NA 110, NA 109, AHS 120, BIOL 1130, BOT 208, HIT 228, HIT 248. Restricted to Las Cruces campus only.