

# HUMAN DEVELOPMENT & FAMILY SCIENCE - BACHELOR OF SCIENCE

This major stresses the interrelationship of individuals across the life span and the impact of social and economic factors on the family system. Graduates are prepared for professional work with social and community agencies and other programs serving children and families. This degree program has been deemed a CFLE-approved academic program by the National Council on Family Relations. After successfully completing the required coursework, students are considered proficient in the ten Family Life Education Content Areas and may apply for provisional certification. Provisional CFLEs may achieve full certification as soon as they document sufficient work experience in family life education. You must work closely with an advisor. You must achieve a grade of C- or higher in your required core and minor courses, and must retake required courses with a grade lower than C-.

You must have a GPA of 2.5 or higher before enrolling in FCST 4998 Field Experience: Issues and Ethics; and FCSC 4110 Teaching in Informal Family and Consumer Sciences Settings. Students are recommended to declare a minor related to the FCST field such as CAST, CEPY, ECED, GERO, PHLS, PSYC, SOCI, SOWK and GNDR in order to solidify the minor/ elective requirements below and the suggested roadmap.

## General Education Requirements

Students must complete all University degree requirements, which include: General Education requirements, Viewing a Wider World requirements, and elective credits to total at least 120 credits with 48 credits in courses numbered 3000 or above. Developmental coursework will not count towards the degree requirements and/or elective credits, but may be needed in order to take the necessary English and Mathematics coursework.

Prefix	Title	Credits
<b>General Education</b>		
<i>Area I: Communications</i>		<i>10</i>
<i>English Composition - Level 1</i> <sup>1</sup>		
<i>English Composition - Level 2</i> <sup>1</sup>		
<i>Oral Communication</i> <sup>1</sup>		
<i>Area II: Mathematics</i> <sup>1,2</sup>		<i>3-4</i>
<i>Area III/IV: Laboratory Sciences and Social/Behavioral Sciences</i>		<i>10-11</i>
PHLS 1110G	Personal Health & Wellness	
Area III: Laboratory Sciences Course (4 credits) <sup>1</sup>		
Either an Area III/IV: Laboratory Sciences Course or Social/Behavioral Sciences Course (4 or 3 credits) <sup>1</sup>		
<i>Area V: Humanities</i> <sup>1</sup>		<i>3</i>
<i>Area VI: Creative and Fine Arts</i> <sup>1</sup>		<i>3</i>
<i>General Education Elective</i> <sup>1</sup>		<i>3-4</i>
<b>Viewing A Wider World</b> <sup>3</sup>		<b>6</b>
<b>Departmental/College Requirements</b>		
FCST 1130	Interpersonal Skills in Intimate Relationships	3
FCST 2110	Infancy Through Middle Childhood in the Family	3
FCST 2135	Adolescent Development and the Family	3
FCST 2140	Adult Development and Aging	3

FCSC 3110	Management Concepts in Family and Consumer Sciences Teaching	3
FCST 3120V	Family Ethnicities and Subcultures	3
FCST 3210	Family Resource Management	3
FCST 3220	Family Dynamics	3
FCST 3230	Parenting and Child Guidance	3
FCSC 4815	Research Methods in Family and Consumer Sciences	3
FCST 4998	Field Experience: Issues and Ethics	3
<b>Second Language: (not required)</b>		
<b>Electives, to bring the total credits to 120</b> <sup>4</sup>		<b>46-49</b>
FCST 3110V	Introduction to Child Advocacy (recommended)	
<b>Total Credits</b>		<b>120</b>

<sup>1</sup> See the General Education (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/>) section of the catalog for a full list of courses.

<sup>2</sup> A Mathematics course is required for the degree but students may need to take any prerequisites needed to enter the course first.

<sup>3</sup> See the Viewing a Wider World (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/#viewingawiderworldtext>) section of the catalog for a full list of courses.

<sup>4</sup> Elective credit may vary based on prerequisites, dual credit, AP credit, double majors, and/or minor coursework. The amount indicated in the requirements list is the amount needed to bring the total to 120 credits and may appear in variable form based on the degree. However students may end up needing to complete more or less on a case-by-case basis and students should discuss elective requirements with their advisor.

## A Suggested Plan of Study for Students

This roadmap assumes student placement in ENGL 1110G. The contents and order of this roadmap may vary depending on initial student placement in mathematics and english. It is only a suggested plan of study for students and is not intended as a contract. Course availability may vary from fall to spring semester and may be subject to modification or change.

### First Year

Fall	Credits
Choose one from the following:	4
ENGL 1110G	Composition I
ENGL 1110H	Composition I Honors
ENGL 1110M	Composition I
FCST 1130	Interpersonal Skills in Intimate Relationships (C- or better)
Two courses from declared Minor or Electives (C- or better) <sup>1</sup>	
Elective Course <sup>2</sup>	2
<b>Credits</b>	
<b>15</b>	

### Spring

Either an Area III/IV: Laboratory Sciences or Social Behavioral Sciences Course <sup>3</sup>	3-4
Area V: Humanities Course <sup>3</sup>	3
Choose one from the following:	3
ACOM 1130G	Effective Leadership and Communication in Agriculture
COMM 1115G	Introduction to Communication
COMM 1130G	Public Speaking
HNRS 2175G	Introduction to Communication Honors

Area II: Mathematics Course <sup>3</sup>		3-4
Choose one from the following: <sup>4</sup>		3
FCST 2110	Infancy Through Middle Childhood in the Family (C- or better)	
FCST 2135	Adolescent Development and the Family (C- or better)	
FCST 2140	Adult Development and Aging (C- or better)	
FCST 3120V	Family Ethnicities and Subcultures (C- or better)	
<b>Credits</b>		<b>15-17</b>
<b>Second Year</b>		
<b>Fall</b>		
Choose one from the following:		3
ENGL 2210G	Professional and Technical Communication Honors	
ENGL 2221G	Writing in the Humanities and Social Science	
General Education Elective Course <sup>3</sup>		3-4
Area VI: Creative & Fine Arts Course <sup>3</sup>		3
FCST 3220	Family Dynamics (C- or better)	3
FCSC 4110 or FCSC 3110	Teaching in Informal Family and Consumer Sciences Settings <sup>5</sup> or Management Concepts in Family and Consumer Sciences Teaching	3
<b>Credits</b>		<b>15-16</b>
<b>Spring</b>		
Area III: Laboratory Science Course <sup>3</sup>		4
VWW - Viewing a Wider World Course <sup>6</sup>		3
Choose two from the following: <sup>4</sup>		6
FCST 2110	Infancy Through Middle Childhood in the Family (C- or better)	
FCST 2135	Adolescent Development and the Family (C- or better)	
FCST 2140	Adult Development and Aging (C- or better)	
FCST 3120V	Family Ethnicities and Subcultures (C- or better)	
<b>Credits</b>		<b>13</b>
<b>Third Year</b>		
<b>Fall</b>		
FCST 3230	Parenting and Child Guidance	3
FCST 3210	Family Resource Management	3
VWW - Viewing a Wider World <sup>6</sup>		3
Elective Course <sup>2</sup>		3
FCST 3110V	Introduction to Child Advocacy (recommended)	
Choose one from the following: <sup>4</sup>		3
FCST 2110	Infancy Through Middle Childhood in the Family (C- or better)	
FCST 2135	Adolescent Development and the Family (C- or better)	
FCST 2140	Adult Development and Aging (C- or better)	
FCST 3120V	Family Ethnicities and Subcultures (C- or better)	
<b>Credits</b>		<b>15</b>
<b>Spring</b>		
Elective Course <sup>2</sup>		3
Three courses from declared Minor or Electives (C- or better) <sup>1</sup>		9
Choose one from the following: <sup>4</sup>		3
FCST 2110	Infancy Through Middle Childhood in the Family (C- or better)	

FCST 2135	Adolescent Development and the Family (C- or better)	
FCST 3120V	Family Ethnicities and Subcultures (C- or better)	
<b>Credits</b>		<b>15</b>
<b>Fourth Year</b>		
<b>Fall</b>		
FCST 4998	Field Experience: Issues and Ethics (C- or better)	3
PHLS 1110G	Personal Health & Wellness	3
Elective Course <sup>2</sup>		3
FCSC 4815	Research Methods in Family and Consumer Sciences (C- or better)	3
Elective Courses <sup>2</sup>		6
<b>Credits</b>		<b>18</b>
<b>Spring</b>		
Elective Course <sup>2</sup>		3
Two courses from declared Minor or Electives (C- or better) <sup>1</sup>		6
Elective Course (minimum) <sup>2</sup>		5
<b>Credits</b>		<b>14</b>
<b>Total Credits</b>		<b>120-123</b>

- <sup>1</sup> Minor courses are selected with the approval of an FCS advisor from a minor related to the FCS field such as CAST, C EP, ECED, GERO, PHLS, PSY, SOC, S WK and W S.  
If a minor isn't declared, elective courses can be used.
- <sup>2</sup> Elective credit may vary based on prerequisites, dual credit, AP credit, double majors, and/or minor coursework. The amount indicated in the requirements list is the amount needed to bring the total to 120 credits and may appear in variable form based on the degree. However students may end up needing to complete more or less on a case-by-case basis and students should discuss elective requirements with their advisor.
- <sup>3</sup> See the General Education (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/>) section of the catalog for a full list of courses
- <sup>4</sup> FCST 2110 Infancy Through Middle Childhood in the Family, FCST 2135 Adolescent Development and the Family, FCST 2140 Adult Development and Aging and FCST 3120V Family Ethnicities and Subcultures must all be taken in order to fulfill degree requirements, however the order in which the courses are taken is up to the students.
- <sup>5</sup> A 2.5 GPA is required to enroll in either course and students must complete the course, that is selected, with a C- or better.
- <sup>6</sup> See the Viewing a Wider World (<https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/#viewingawiderworldtext>) section of the catalog for a full list of courses