KINESIOLOGY (PHYSICAL EDUCATION) - BACHELOR OF SCIENCE IN KINESIOLOGY

Kinesiology is a great option and prepares students for many fields in allied health. Career choices include, but are not limited to, medical school, physical and occupational therapy, athletic training, corporate health and wellness, chiropractic medicine, dentistry, optometry, pharmacy, and much more.

The Bachelor of Science in Kinesiology degree program can be completed in three concentration areas: Exercise Science, Performance Psychology, or Physical Education. For the required credit hours, see the program descriptions below. Regardless of the concentration, students must complete 120 total semester hours for the Kinesiology degree. Additionally, students pursuing a Kinesiology degree will be responsible for ensuring that they complete 48 upper division credits (3000 (300) and 4000 (400) level courses). Kinesiology students must maintain a minimum 2.75 GPA to enroll in most upper-division SPMD courses. ENGL 1110G, Area II General Education courses, Kinesiology courses, and Approved Electives must be completed with a grade of C- or better.

Students must complete all University degree requirements, which include: General Education, Viewing a Wider World, and program-specific courses to total a minimum of 120 credits. Developmental coursework will not count towards the degree requirements and/or elective credits but may be needed to take the necessary English and Mathematics coursework.

With a concentration in Physical Education and successfully meeting state requirements, students will be eligible to teach in the school system (e.g., Elementary, Middle and High School settings).

Information about Kinesiology and potential career opportunities may be obtained at the Department of Kinesiology, Activity Center 204, phone 575-646-2215.

Prefix	Title	Credits
General Education		
Area I: Communications		
English Composition - Level 1		
Choose one from the following:		4
ENGL 1110G	Composition I	
ENGL 1110H	Composition I Honors	
English Composition - Level 1 [1]		*3*
Oral Communication [1]		*3*
Area II: Mathematics		
MATH 1220G	College Algebra [2]	3
or MATH 1250G	Trigonometry & Pre-Calculus	
Area III/IV: Laboratory Sciences and Social/Behavioral Sciences		*11*
Area III: Laboratory Sciences Course (8 credits) [1]		
Area IV: Social/Behavioral Sciences (3 credits)		
CEPY 1120G	Human Growth and Behavior (Required with a "C-" or better)	
Area V: Humanities [1]		*3*
Area VI: Creative and Fine Arts [1]		*3*
General Education Elective		
MATH 1130G	Survey of Mathematics	3
or MATH 1430G	Applications of Calculus I	
Viewing a Wider World [3]		**6**
Must be from two different colleges, cannot be DANC 3510V/ HNRS 347V		
Departmental/College Requirements		
Kinesiology Core (specific to Physical Education only)		
SPMD 1350	Social Foundations of Physical Activity	3
SPMD 2210	Anatomy and Physiology I	3
SPMD 2210L	Anatomy and Physiology Laboratory	1
SPMD 2250	Fitness for Health and Sport	3
SPMD 3710	Motor Learning	3
K-12 Physical Education Concentration Courses		
SPMD 3110	Racquet Sports	2
SPMD 3120	Theory and Technique of Lifelong Outdoor Leisure Activities	2
SPMD 3130	Theory and Technique of Sports and Games	2
SPMD 3140	Designing Student Centered Afterschool Physical Activity Clubs	3
SPMD 3150	Theory and Technique of Dance and Rhythms	2
SPMD 3250	Introduction to Exercise Science: Exercise Physiology and Biomechanics	3
SPMD 3310	Lifetime Activities	2
SPMD 3650	Motor Development	3
Professional Education Coures		
CEPY 2110	Learning in the Classroom [4]	3
EDUC 1995	Field Experience I [4]	1
EDUC 3120	Multicultural Education [4,5]	3
EDLT 3110	Integrating Technology with Teaching [4]	3
READ 4330	Content Area Literacy [6]	3
SPED 3105	Introduction to Special Education in a Diverse Society [4]	3
SPMD 3160	Elementary School Physical Education	3
SPMD 4110	Adapted Physical Education [6]	3
SPMD 4130	Methods of Teaching Secondary Physical Education [6]	6
Student Teaching		
EDUC 4820	Secondary Student Teaching [6]	9
EDUC 4821	Middle and High School Student Teaching Seminar [6]	3
Non-Departmental Requirements (in addition to Gen.Ed/VWW)		
Choose two from the following:		6
ANTH 1115G	Introduction to Anthropology	
ANTH 1140G	Introduction to Cultural Anthropology	
ANTH 1160G	World Archaeology	
ECON 1110G	Survey of Economics	
ECON 2110G	Macroeconomic Principles	
ECON 2120G	Principles of Microeconomics	
GEOG 1120G	World Regional Geography	
GEOG 1130G	Human Geography	
POLS 1120G	American National Government	
POLS 1110G	Introduction to Political Science	
POLS 1130G	Issues in American Politics	
POLS 2120G	International Relations	
HNRS 2170G	The Human Mind	
HNRS 2172G	Archaeology: Search for the Past	
HNRS 2180G	Citizen and State Great Political Issues	
JOUR 105G	Media and Society	

LING 2110G	Introduction to the Study of Language and Linguistics	
PHLS 1110G	Personal Health & Wellness	
PSYC 1110G	Introduction to Psychology	
SOWK 2110G	Introduction to Human Services & Social Work	
SOCI 1110G	Introduction to Sociology	
SOCI 2310G	Contemporary Social Problems	
GNDR 2110G	Introduction to Women, Gender, and Sexuality Studies	
GNDR 2120G	Representing Women Across Cultures	
One additional Area V/VI: Humanities or Creative & Fine Arts Course (must be a different subject area than the course selected above) [1]		3
Total Credits		**120**

[1] See the General Education (https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/) section of the catalog for a full list of courses

[2] MATH 1220G College Algebra or MATH 1250G Trigonometry & Pre-Calculus is required for the degree but students may need to take prerequisites needed to enter either course first.

[3] See the Viewing a Wider World (https://catalogs.nmsu.edu/nmsu/general-education-viewing-wider-world/#viewingawiderworldtext) section of the catalog for a full list of courses

[4] Pre/co-requisite to Teacher Ed program

[5] Must be completed prior to Submission of TEP portfolio

[6] Requires admission to Teacher Ed Program (TEP)