PE-P-PHYSICAL EDUCATION (PE P)

PE P 185. Introduction and Foundations
3 Credits
Historical and cultural foundations and vocational, scientific, and educational data on careers in health education, physical education, and recreation. Restricted to: Main campus only.

PE P 208. Fitness for Health and Sport
3 Credits
A study of the fitness needs for health enhancement and sport participation. Restricted to: P E,SP M,KIN,S ED majors.

PE P 210. Theory and Technique of Aquatics
2 Credits
Introduction to fundamental aquatics knowledge and skills.
Prerequisite(s): Ability to swim 100 yards.

PE P 296. Theory of Coaching I
3 Credits
Focus on areas of academic theory associated with coaching athletics. Orientation: theoretical and practical application.

PE P 315. Elementary School Physical Education
3 Credits (2+2P)
Methods for teaching physical education at the elementary level. Primary focus on creating a learning environment for the acquisition and enhancement of developmentally appropriate locomotor, manipulative, and nonmanipulative skills. Field experience included. Consent of instructor required. Restricted to SED/PE P majors.
Prerequisite(s): GPA of 2.5.

PE P 319. Lifetime Activities
2 Credits
Knowledge and skills related to the lifetime activities of swimming, weight training, and other fitness promoting activities with emphasis on learning progressions.
Prerequisite(s): PE P 208.

PE P 323. Racquet Sports
2 Credits
Knowledge and skills related to the racquet sports of tennis, badminton, and pickleball with emphasis on developmental strategies and skill performance that influences pedagogical content knowledge. Administrative issues will be addressed.

PE P 363. Theory and Technique of Lifelong Outdoor Leisure Activities
2 Credits
Knowledge and skills related to lifelong outdoor leisure activities, including the examination of environmental science and awareness, kinesiology, and fundamental motor skills.

PE P 392. Theory and Technique of Sports and Games
2 Credits
Knowledge and skills related to team sports and games, with emphasis on developmental strategies and skill performance that influence pedagogical content knowledge. Administrative issues will also be addressed.

PE P 393. Theory and Technique of Dance and Rhythms
2 Credits
Knowledge and skills related to dance and rhythms, with emphasis on the analysis of dance elements and its role in physical education.

PE P 394. Designing Student Centered Afterschool Physical Activity Clubs
3 Credits
Knowledge, skills and field based practical application for creating student centered and student designed after school physical activity clubs.

PE P 455. Adapted Physical Education
3 Credits
Selection and scope of corrective activities in posture and body mechanics, and the adaptation of movement activities for the exceptional student.
Prerequisite: junior or senior standing.

PE P 465. Senior Seminar
3 Credits
Capstone course for physical education. Graded S/U.
Prerequisite: senior standing.

PE P 466. Methods of Teaching Secondary Physical Education
6 Credits
Theoretical and practical applications of curriculum, pedagogy and assessment for teaching secondary physical education. Provides the students opportunities to develop curriculum, teach, and assess student learning through a supervised practicum in both middle and high school physical education settings. Consent of instructor required.
Prerequisite(s): PE P 315 and admittance to TEP required.

PE P 499. Problems
1-3 Credits (1-3)
Problems in physical education and recreation and independent work in their solutions. A maximum of 3 credits during any one semester. May be repeated up to 6 credits. Consent of Instructor required.

PE P 501. Special Topics
1-3 Credits (1-3)
Offered under various subtitles that indicate the subject matter. May be repeated for a maximum of 3 credits per semester and a total of 6 credits overall. May be repeated up to 6 credits.

PE P 504. Teaching Processes in Physical Education
3 Credits
Analysis of effective teaching and coaching. Systematic observation strategies will be employed to evaluate instructional variables such as feedback, climate, academic learning time, and styles of teaching.

PE P 515. Advanced Athletic Training Education
3 Credits
Advanced clinical experiences and education in athletic training. Assessment of Athletic Training Program clinical proficiencies as described by the National Athletic Trainers’ Association Education Council. Consent of Instructor required.

PE P 550. Advanced Topics in Physical Education
1-4 Credits
Advanced study in teaching processes, perceptual motor development, bioenergetics, biomechanical instrumentation, psychological bases of performance, or motor control.

PE P 551. Sociology of Sports
3 Credits
PE P 555. Adapted Physical Education
3 Credits
Selection and scope of corrective activities in posture and body mechanics, and the adaptation of movement activities for the exceptional student. Same as PE P 455 with additional requirements for graduate credit.
Prerequisite: consent of instructor.

PE P 557. Adapted Physical Education : A Practitioner's Approach
3 Credits
Preparation for qualified physical education professionals to teach individuals with disabilities motor and fitness skills. Knowledge of the Adapted Physical Education National Standards is developed so students may become nationally certified in the field. The inclusion of disability sports into general physical education curriculum is also major emphasis of this course. Consent of Instructor required.

PE P 558. Adapted Physical Education National Standards (APENS) Professional Preparation
3 Credits
This distance education course is to prepare physical education teachers to pass the Certified Adapted Physical Education (CAPE) National Examination, which is based on the Adapted Physical Education National Standards (APENS). These standards were developed by professionals in the field to ensure that physical education instruction for students with disabilities is provided by qualified physical education teachers.

PE P 624. BODY IN CULTURE
3 Credits
This course will explore how people’s health and physical activity experiences and choices are often shaped by cultural narratives and expectations of the male and female body. Designed for graduate students in allied health and physical activity professions.