GERO-GERONTOLOGY (GERO)

GERO 415. Introduction to Gerontology
3 Credits
Social, psychological, and physiological aspects of aging, with an interdisciplinary emphasis on health promotion. Demographic characteristics of the aging population. Taught with MPH 515.

GERO 450. Health Promotion for the Older Adult
3 Credits
Common health concerns and lifestyle issues relevant to older adults. Facts about the content area, health behaviors, and practices to promote health and prevent disease; program development strategies applicable to a variety of settings. Same as MPH 557.

GERO 451. Aging and Public Policy
3 Credits
Exploration of public policies relating to elders, historical development, current status and trends in public policy for this age group. Impact of political behavior of elders on policy making and implementing processes.

GERO 493. Adulthood and Aging
3 Credits
Normal transitions in later life; those occurring from 40 years of age to the end of life are discussed. Changes in interpersonal relationships and adaptations commonly made by individuals and meeting those alterations are presented through research findings, case studies, and autobibliographies. Same as MPH 593.

GERO 498. Independent Study
1-3 Credits
Individual studies with prior approval of health science department head. May be repeated for maximum of 6 credits.
Prerequisite: senior standing and consent of instructor.