

# PSYC-PSYCHOLOGY

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## PSYC 1110G. Introduction to Psychology

### 3 Credits (3)

This course will introduce students to the concepts, theories, significant findings, methodologies, and terminology that apply to the field of psychology.

#### Learning Outcomes

1. Explain how the scientific method and psychological research methodologies are used to study the mind and behavior.
2. Recall key terms, concepts, and theories in the areas of neuroscience, learning, memory, cognition, intelligence, motivation and emotion, development, personality, health, disorders and therapies, and social psychology.
3. Explain how information provided in this course can be applied to life in the real world.
4. Identify the major theoretical schools of thought that exist in psychology as they relate to the self, the culture, and the society.

## PSYC 2221. Applied Psychology

### 3 Credits (3)

Explanation of the psychological principles of everyday living. Emphasizes motivation, learning of intelligent behavior, and applications of psychology to social issues. Community Colleges only.

#### Learning Outcomes

1. The objective of this course is to orient students to the personality characteristics, interpersonal competencies, ethical decision-making skills, and other professional traits associated with pursuing a career in a helping profession.
2. Identify the requirements for becoming a helping professional, characteristics of a skilled helper, and cultural factors that impact helping professionals
3. Explain your personal strengths and weaknesses as a potential helper.
4. Demonstrate appropriate helping strategies based upon the special characteristics of clients.
5. Compare the capabilities that individual, family, group, community, and online interventions offer you as a future helper.
6. Identify the ethical and legal issues that impact helping professionals
7. Analyze the potential impact of your future ethical and professional standards as a helping professional
8. Explain how your role as a helping professional is impacted by your professional affiliation and ethical principles
9. Analyze how worsening personal problems and increasing stress can impact the kinds and quality of our responses to life and the people around us.

## PSYC 2230. Psychology of Adjustment

### 3 Credits (3)

This course focuses on the individual's adjustment to society, and the application of psychological principles to the understanding of adjustment.

#### Learning Outcomes

1. Explain the internal and external factors associated with the psychology of adjustment.
2. Evaluate contributions from psychology to adjustment concepts and processes.
3. Describe the different explanations of how individuals adjust to their environments.
4. Describe how self-identities develop and how they affect relations with others.
5. Identify resources available for assistance with adjustment-related concerns.

## PSYC 2311. A Study of Substance Abuse through Learning

### 3 Credits (3)

Physiological and psychological impact of drug use on human behavior. Emphasizes practical applications of intervention and prevention in the community. Community Colleges only.

#### Learning Outcomes

1. Through readings and discussions, students will be able to describe the role that gender, ethnicity, and age have in alcohol and drug use.
2. Through readings and discussions, students will be able to learn past and current perspectives of addiction.
3. Through readings, discussions and student presentations, students will be able to distinguish between different types of abuse-able drugs and be able to classify them.
4. Through readings, discussions, lectures and guest speaker's students will be able to describe the role of addiction and criminal behavior.
5. Through readings and discussions, students will be able to discuss the Models and Theories of Drug Dependence and Addiction.
6. Through readings, discussions and evaluation of case studies students will be able to discuss the definitions of Substance Abuse, Dependence Addiction.
7. Through readings and discussions, students will be able to acquaint themselves with the effects of Addictive Behavior on Family Systems.
8. Through readings discussions, students will be able to Discuss Disorders Co-Occurring with Substance Abuse
9. Through readings and community service learning outing, students will be able to discuss how important the concepts of Prevention, Intervention and Treatment in drug addiction.
10. 1 Through readings and community service learning outing students will be able to discuss Alcohol/Drug Recovery Treatment Relapse Prevention
11. 1 Through completion of Service Learning and field assignment students will be able to discuss the role of AA/NA in Recovery Treatment.
12. 1 Through attendance of a Drug Court Hearing students will be knowledgeable of the role of Drug Courts in prevention and treatment of drug addiction.