

PHED-PHYSICAL EDUCATION

PHED 1110. Dance:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1230. Individual Sport:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1290. Team Sport:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1310. Swim I:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1320. Aqua Fit:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1410. Yoga:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1430. Pilates:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1510. Training:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1620. Fitness:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1630. Career Fitness:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 10 credits.

Learning Outcomes

1. Varies

PHED 1670. Aerobics:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 1830. Running:

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 4 credits.

Learning Outcomes

1. Varies

PHED 1910. Outdoor Experience

1 Credit (1)

Individual sections vary based on topic content; "audience"; type or level of participation. May be repeated up to 6 credits.

Learning Outcomes

1. Varies

PHED 2996. Special Topics

1-3 Credits (1-3)

Specific subjects to be announced in the Schedule of Classes. Each offering will carry appropriate subtitle. May be repeated up to 6 credits.

Learning Outcomes

1. Varies