

KINESIOLOGY (APPLIED EXERCISE SCIENCE) - BACHELOR OF SCIENCE IN KINESIOLOGY (ONLINE)

First Year

Fall		Credits
ENGL 1110G	Composition I	4
SPMD 1310	Introduction to Kinesiology	3
SPMD 1120	Medical Terminology	3
GEOL 1110G	Physical Geology	4
Credits		14

Spring

BIOL 1120G	Human Biology	3
BIOL 1120L	Human Biology Laboratory	1
SPMD 1350	Social Foundations of Physical Activity	3
SPMD 2250	Fitness for Health and Sport	3
ENGL 2210G	Professional and Technical Communication Honors	3
Credits		13

Summer

MATH 1220G	College Algebra	3
COMM 1115G	Introduction to Communication	3
SPMD 2210	Anatomy and Physiology I	3
SPMD 2210L	Anatomy and Physiology Laboratory	1
SPMD 3210	Anatomy and Physiology II	3
SPMD 3210L	Anatomy and Physiology II Lab	1
Credits		14

Second Year

Fall		Credits
PSYC 1110G	Introduction to Psychology	3
SPMD 3550	Psychology of Sport	3
PHLS 1110G	Personal Health & Wellness	3
SPMD 3250	Introduction to Exercise Science: Exercise Physiology and Biomechanics	3
Credits		12

Spring

MATH 1350G	Introduction to Statistics	3
SPMD 3410	Exercise Physiology	3
JOUR 460V	Sports & Entertainment P.R.	3
CEPY 1120G	Human Growth and Behavior	3
Credits		12

Summer

SPMD 3610	Health and Exercise Psychology	3
SPMD 3650	Motor Development	3
SPMD 3710	Motor Learning	3
DANC 1110G	Dance Appreciation	3
Credits		12

Third Year

Fall		Credits
SOCI 3610V	Sociology of Pop Culture	3
PHIL 1145G	Philosophy, Law, and Ethics	3
SPMD 4350	Exercise Testing and Prescription	3

SPMD 4410	Exercise for Special Populations	3
Credits		12

Spring

PSYC 325	Health Psychology	3
PSYC 2210	Abnormal Psychology	3
GNDR 2110G	Introduction to Women, Gender, and Sexuality Studies (Elective)	3
SPMD 4540	Psychology of Coaching in Sport	3
Credits		12

Summer

PHED 2996	Special Topics	3
SPAN 1110	Spanish I	4
SPMD 4620	Nutrition and Metabolism of Sport	3
SPAN 1120	Spanish II	4
Credits		14

Fourth Year

Fall		Credits
ECON 2110G	Macroeconomic Principles	3
SOCI 1110G	Introduction to Sociology	3
Credits		6

Total Credits		121
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