

# KINESIOLOGY (APPLIED EXERCISE SCIENCE) - BACHELOR OF SCIENCE IN KINESIOLOGY (ONLINE)

Kinesiology is a great option for students interested in a career within allied health. Career choices include, but are not limited to, medical school, physical and occupational therapy, athletic training, corporate health and wellness, chiropractic medicine, dentistry, optometry, pharmacy, and much more.

The NMSU Global Campus Bachelor of Science in Kinesiology degree has a concentration of Applied Exercise Science. For the required credit hours see the program descriptions below. Students are required to complete 120 total semester hours for the Kinesiology degree. Additionally, students pursuing a Kinesiology degree will be responsible to ensure that they complete 48 upper division credits (3000 (300) and 4000 (400) level courses). ENGL 1110G, Area II General Education courses, Kinesiology courses, and Electives must be completed with a grade of C- or better.

Students must complete all University degree requirements, which include: General Education, Viewing a Wider World, and program specific courses to total a minimum of 120 credits. Developmental coursework will not count towards the degree requirements and/or elective credits, but may be needed in order to take the necessary English and Mathematics coursework.

Information about Kinesiology and potential career opportunities may be obtained at the Department of Kinesiology, Activity Center 204, phone 575-646-2215.

Prefix	Title	Credits
<b>General Education</b>		
<i>Area I: Communications</i>		10
<i>English Composition - Level 1</i>		
ENGL 1110G	Composition I	
<i>English Composition - Level 2 <sup>1</sup></i>		
Choose one from the following:		3
ENGL 2210G	Professional and Technical Communication Honors	
ENGL 2215G	Advanced Technical and Professional Communication	
ENGL 2221G	Writing in the Humanities and Social Science	
<i>Oral Communication <sup>1</sup></i>		
COMM 1115G	Introduction to Communication	
<i>Area II: Mathematics</i>		3-4
Choose one of the following:		
MATH 1220G	College Algebra	
MATH 1250G	Trigonometry & Pre-Calculus	
MATH 1430G	Applications of Calculus I	
MATH 1511G	Calculus and Analytic Geometry I	
<i>Area III/IV: Laboratory Sciences and Social/Behavioral Sciences</i>		11
<i>Area III: Laboratory Science Courses (8 credits total)</i>		
BIOL 1120G	Human Biology	
BIOL 1120L	Human Biology Laboratory	
GEOL 1110G	Physical Geology	
<i>Area IV: Social/Behavioral Sciences Course (3 credits)</i>		

PSYC 1110G	Introduction to Psychology	
<i>Area V: Humanities <sup>1</sup></i>		3
Chose one of the following:		
PHIL 1145G	Philosophy, Law, and Ethics	
PHIL 1120G	Logic, Reasoning, & Critical Thinking	
<i>Area VI: Creative and Fine Arts <sup>1</sup></i>		3
<i>General Education Elective <sup>1</sup></i>		3-4
<b>Viewing a Wider World <sup>4</sup></b>		<b>6</b>
<b>Departmental/College Requirements</b>		<b>53</b>
PHED 2996	Special Topics	
SPMD 1120	Medical Terminology	
SPMD 1310	Introduction to Kinesiology	
SPMD 1350	Social Foundations of Physical Activity	
SPMD 2210	Anatomy and Physiology I	
SPMD 2210L	Anatomy and Physiology Laboratory	
SPMD 2250	Fitness for Health and Sport	
SPMD 3210	Anatomy and Physiology II	
SPMD 3210L	Anatomy and Physiology II Lab	
SPMD 3250	Introduction to Exercise Science: Exercise Physiology and Biomechanics	
SPMD 3410	Exercise Physiology	
SPMD 3550	Psychology of Sport	
SPMD 3610	Health and Exercise Psychology	
SPMD 3650	Motor Development	
SPMD 3710	Motor Learning	
SPMD 4350	Exercise Testing and Prescription	
SPMD 4410	Exercise for Special Populations	
SPMD 4540	Psychology of Coaching in Sport	
SPMD 4620	Nutrition and Metabolism of Sport	
<b>Departmental Requirements (in addition to Gen.Ed/VWW)</b>		<b>12</b>
MATH 1350G	Introduction to Statistics	
CEPY 1120G	Human Growth and Behavior	
PHLS 1110G	Personal Health & Wellness	
PSYC 2210	Abnormal Psychology	
<b>Electives, to bring the total credits to 120</b>		<b>14</b>
<b>Total Credits</b>		<b>121-123</b>
<b>First Year</b>		
<b>Fall</b>		<b>Credits</b>
ENGL 1110G	Composition I	4
SPMD 1310	Introduction to Kinesiology	3
SPMD 1120	Medical Terminology	3
GEOL 1110G	Physical Geology	4
<b>Credits</b>		<b>14</b>
<b>Spring</b>		
BIOL 1120G	Human Biology	3
BIOL 1120L	Human Biology Laboratory	1
SPMD 1350	Social Foundations of Physical Activity	3
SPMD 2250	Fitness for Health and Sport	3
ENGL 2210G	Professional and Technical Communication Honors	3
<b>Credits</b>		<b>13</b>
<b>Summer</b>		
MATH 1220G	College Algebra	3
COMM 1115G	Introduction to Communication	3
SPMD 2210	Anatomy and Physiology I	3
SPMD 2210L	Anatomy and Physiology Laboratory	1

SPMD 3210	Anatomy and Physiology II	3
SPMD 3210L	Anatomy and Physiology II Lab	1
<b>Credits</b>		<b>14</b>
<b>Second Year</b>		
<b>Fall</b>		
PSYC 1110G	Introduction to Psychology	3
SPMD 3550	Psychology of Sport	3
PHLS 1110G	Personal Health & Wellness	3
SPMD 3250	Introduction to Exercise Science: Exercise Physiology and Biomechanics	3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
MATH 1350G	Introduction to Statistics	3
SPMD 3410	Exercise Physiology	3
JOUR 460V	Sports & Entertainment P.R.	3
CEPY 1120G	Human Growth and Behavior	3
<b>Credits</b>		<b>12</b>
<b>Summer</b>		
SPMD 3610	Health and Exercise Psychology	3
SPMD 3650	Motor Development	3
SPMD 3710	Motor Learning	3
DANC 1110G	Dance Appreciation	3
<b>Credits</b>		<b>12</b>
<b>Third Year</b>		
<b>Fall</b>		
SOCI 3610V	Sociology of Pop Culture	3
PHIL 1145G	Philosophy, Law, and Ethics	3
SPMD 4350	Exercise Testing and Prescription	3
SPMD 4410	Exercise for Special Populations	3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
PSYC 325	Health Psychology	3
PSYC 2210	Abnormal Psychology	3
GNDR 2110G	Introduction to Women, Gender, and Sexuality Studies (Elective)	3
SPMD 4540	Psychology of Coaching in Sport	3
<b>Credits</b>		<b>12</b>
<b>Summer</b>		
PHED 2996	Special Topics	3
SPAN 1110	Spanish I	4
SPMD 4620	Nutrition and Metabolism of Sport	3
SPAN 1120	Spanish II	4
<b>Credits</b>		<b>14</b>
<b>Fourth Year</b>		
<b>Fall</b>		
ECON 2110G	Macroeconomic Principles	3
SOCI 1110G	Introduction to Sociology	3
<b>Credits</b>		<b>6</b>
<b>Total Credits</b>		<b>121</b>