

# PSYC-PSYCHOLOGY

## PSYC 1110G. Introduction to Psychology

### 3 Credits (3)

This course will introduce students to the concepts, theories, significant findings, methodologies, and terminology that apply to the field of psychology.

#### Learning Outcomes

1. Explain how the scientific method and psychological research methodologies are used to study the mind and behavior.
2. Recall key terms, concepts, and theories in the areas of neuroscience, learning, memory, cognition, intelligence, motivation and emotion, development, personality, health, disorders and therapies, and social psychology.
3. Explain how information provided in this course can be applied to life in the real world.
4. Identify the major theoretical schools of thought that exist in psychology as they relate to the self, the culture, and the society.

## PSYC 1115. Introduction to the Psychology Major

### 1 Credit (1)

This course is designed to give Psychology majors the knowledge and tools they need to get the most out of the major and assist them in making informed decisions about career choices in Psychology. There are two main goals for this course. The first is to provide students with helpful tools and resources to enhance their experience as a Psychology major. The second goal is to delineate the knowledge and skills that students are expected to acquire with a Psychology degree and to convey how these can be applied in their future academic, professional, and personal endeavors beyond graduation. During the semester, students will discuss the subdisciplines of Psychology and explore career options with varying levels of education. Students will learn about course requirements for the Psychology major and experiential learning opportunities available outside the classroom. This 1-credit course is required for Psychology majors. It is recommended that students take this course as soon as they declare Psychology as their major. This course may be taken in conjunction with Introduction to Psychology.

**Prerequisite/Corequisite:** PSYC 1110G.

#### Learning Outcomes

1. Demonstrate knowledge and understanding of the subdisciplines of Psychology.
2. Demonstrate knowledge and understanding of the requirements of the Psychology major and experiential opportunities available to Psychology majors.
3. Identify career opportunities available to individuals with varying levels of education in Psychology and related fields (e.g., BA, MA, PhD, etc.).
4. Adopt strategies to prepare for future success in a job search or graduate school application.
5. Exhibit information literacy skills (e.g., literature searches, use of APA format) that will facilitate success in future Psychology courses.
6. Identify personal attributes as a student, areas of Psychology that are aligned with personal strengths, and strategies to make the most of personal strengths as a student.

## PSYC 2110. Social Psychology

### 3 Credits (3)

This course is an introduction to the scientific study of human social influence and interaction, and explores how an individual's actions,

emotions, attitudes and thought processes are influenced by society and other individuals. May be repeated up to 3 credits.

**Prerequisite:** PSYC 1110G, MATH 1215, and ENGL 1110G.

#### Learning Outcomes

1. Identify concepts, theories, scientific methods, and research findings relevant to social psychology.
2. Explain how situational, social, and individual factors influence behavior.
3. Apply social psychological concepts to real-life events, current social issues and problems, and one's own life.

## PSYC 2120. Developmental Psychology

### 3 Credits (3)

Study of human physical and psychological change and stability from a lifespan development perspective. May be repeated up to 3 credits.

**Prerequisite:** PSYC 1110G, MATH 1215, and ENGL 1110G.

#### Learning Outcomes

1. Explain theories, methods and research findings of lifespan developmental psychology.
2. Describe the interaction between physical, cognitive, and psychosocial development across the lifespan.
3. Compare and contrast major developmental theories and discuss what each brings to or adds to the study of lifespan developmental psychology.
4. Identify factors that influence psychological development across the lifespan.
5. Apply basic principles of developmental psychology to one's own life experiences.
6. Analyze historical and cultural factors that influence development across the lifespan.

## PSYC 2210. Abnormal Psychology

### 3 Credits (3)

This course provides students with an introduction to the field of abnormal psychology. Subject areas include history, methods, theories, etiologies, classification and treatment of disorders. May be repeated up to 3 credits.

**Prerequisite:** PSYC 1110G, MATH 1215 and ENGL 1110G.

#### Learning Outcomes

1. Recognize terms used within the field of abnormal psychology.
2. Compare various methods for defining abnormal behavior.
3. Evaluate the development of classification systems that define "normal" and "abnormal" from historical, social, and cultural contexts.
4. Critically evaluate the symptoms and etiologies of mental health disorders in the current psychological diagnostic system.
5. Describe treatment modalities for mental health disorders.
6. Identify biological and psychological processes in mental health disorders.

## PSYC 2220. Cognitive Psychology

### 3 Credits (3)

The course provides an overview of human cognitive processes such as attention, perception, memory, language, categorization, decision-making, reasoning, and problem solving. Includes methods, theories, and applications. May be repeated up to 3 credits.

**Prerequisite:** PSYC 1110G, MATH 1215, and ENGL 1110G.

#### Learning Outcomes

1. Describe research findings in the major areas of human cognition.
2. Differentiate the research methods used to study the various topics in cognitive psychology.

3. Apply theories of cognition to the results of laboratory research.
4. Apply the research on cognitive psychology to topics in the real world.

### **PSYC 2221. Applied Psychology**

#### **3 Credits (3)**

Explanation of the psychological principles of everyday living. Emphasizes motivation, learning of intelligent behavior, and applications of psychology to social issues. Community Colleges only.

#### **Learning Outcomes**

1. The objective of this course is to orient students to the personality characteristics, interpersonal competencies, ethical decision-making skills, and other professional traits associated with pursuing a career in a helping profession.
2. Identify the requirements for becoming a helping professional, characteristics of a skilled helper, and cultural factors that impact helping professionals
3. Explain your personal strengths and weaknesses as a potential helper.
4. Demonstrate appropriate helping strategies based upon the special characteristics of clients.
5. Compare the capabilities that individual, family, group, community, and online interventions offer you as a future helper.
6. Identify the ethical and legal issues that impact helping professionals
7. Analyze the potential impact of your future ethical and professional standards as a helping professional
8. Explain how your role as a helping professional is impacted by your professional affiliation and ethical principles
9. Analyze how worsening personal problems and increasing stress can impact the kinds and quality of our responses to life and the people around us.

### **PSYC 2230. Psychology of Adjustment**

#### **3 Credits (3)**

This course focuses on the individual's adjustment to society, and the application of psychological principles to the understanding of adjustment.

#### **Learning Outcomes**

1. Explain the internal and external factors associated with the psychology of adjustment.
2. Evaluate contributions from psychology to adjustment concepts and processes.
3. Describe the different explanations of how individuals adjust to their environments.
4. Describe how self-identities develop and how they affect relations with others.
5. Identify resources available for assistance with adjustment-related concerns.

### **PSYC 2250. Brain and Behavior**

#### **3 Credits (3)**

A general survey of the biological foundations of behavior and mental processes. Students will gain an understanding of anatomy, physiology, and chemistry of the nervous system and their relationships to human behavior. May be repeated up to 3 credits.

**Prerequisite:** PSYC 1110G, MATH 1215 and ENGL 1110G.

#### **Learning Outcomes**

1. Identify and describe basic neuroanatomical structures and functions.
2. Identify and describe chemical processes of the nervous system.

3. Apply course concepts to psychological processes, such as learning, memory, sensation, perception, drive states, sleep, and language.
4. Apply course concepts to psychological disorders, such as schizophrenia and mood and anxiety disorders.
5. Describe the techniques used to study the relationship between brain and behavior.

### **PSYC 2311. A Study of Substance Abuse through Learning**

#### **3 Credits (3)**

Physiological and psychological impact of drug use on human behavior. Emphasizes practical applications of intervention and prevention in the community. Community Colleges only.

#### **Learning Outcomes**

1. Through readings and discussions, students will be able to describe the role that gender, ethnicity, and age have in alcohol and drug use.
2. Through readings and discussions, students will be able to learn past and current perspectives of addiction.
3. Through readings, discussions and student presentations, students will be able to distinguish between different types of abuse-able drugs and be able to classify them.
4. Through readings, discussions, lectures and guest speaker's students will be able to describe the role of addiction and criminal behavior.
5. Through readings and discussions, students will be able to discuss the Models and Theories of Drug Dependence and Addiction.
6. Through readings, discussions and evaluation of case studies students will be able to discuss the definitions of Substance Abuse, Dependence Addiction.
7. Through readings and discussions, students will be able to acquaint themselves with the effects of Addictive Behavior on Family Systems.
8. Through readings discussions, students will be able to Discuss Disorders Co-Occurring with Substance Abuse
9. Through readings and community service learning outing, students will be able to discuss how important the concepts of Prevention, Intervention and Treatment in drug addiction.1
10. Through readings and community service learning outing students will be able to discuss Alcohol/Drug Recovery Treatment Relapse Prevention 1
11. Through completion of Service Learning and field assignment students will be able to discuss the role of AA/NA in Recovery Treatment. 1
12. Through attendance of a Drug Court Hearing students will be knowledgeable of the role of Drug Courts in prevention and treatment of drug addiction.