

# NA - NURSING ASSISTANT (NA)

## NA 101. Nursing Assistant Theory and Lab 6 Credits (5+2P)

Nurse aide skills with emphasis on a bio-psychosocial-cultural approach to client care. Practice of these skills is provided in the laboratory as well as at a clinical site. Successful completion of the course prepares and qualifies the student to take the NACES certification examination. Requires a C or better to pass. Restricted to Community Colleges campuses only.

### Learning Outcomes

1. Apply theoretical knowledge associated with nursing assisting in providing basic healthcare services. Perform essential clinical skills within the nursing assistant scope of practice in long-term, acute care, and ambulatory care settings. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when indicated, including resident/patient compromise or complications. Demonstrate professional conduct and interpersonal communication skills with patients, other health care professionals, and with the public. Recognize the responsibilities of other health care personnel and interact with them with respect for their healthcare roles and resident/patient care. Apply basic scientific principles and evidenced-based practice in learning new techniques and procedures. Relate vital signs, point-of-care testing, and physical psychological findings to common disease processes. Evaluate occupational exposures, environmental safety hazards, high risk situations, and emergency responses related to health care professions. Demonstrate soft skills related to assisting with patient assessment, mobility, safety, nutrition, and care of the environment. 1 Demonstrate professionalism when interacting with patient populations across the lifespan; including patient education and emergent situations. 1 Explain legal and ethical considerations, including HIPAA and scope of practice related to healthcare settings.

## NA 102. Sterile Processing Technician 4 Credits (3+3P)

This course will prepare the student to work as a Sterile Processing Technician, performing critical functions that support both the hospital and Operating Room. The student will learn about infection control, instrument reprocessing, decontamination, disinfection, and sterilization. All critical aspects of sterile processing will be covered to include applicable standards and regulations. This field is constantly evolving and those desiring to work in this profession must ensure that they stay abreast of the science behind the discipline. Restricted to Community Colleges campuses

**Prerequisite(s):** CCDE 110 N General Composition Placement exam scores, or specific course work.

### Learning Outcomes

1. Summarized the legal responsibilities, ethical standards, and safety practices related to Sterile Processing Control and eliminate the spread of microorganisms Articulate standards and regulations as well as recommendations by professional organizations Properly clean, decontaminate, disinfect, and sterilize basic surgical instrumentation Prepare and assemble surgical trays and kits to include packaging and quality assurance indicators Utilize various sterilization modalities

## NA 104. Nursing Assistant Fundamentals 3 Credits (3)

This course prepares students for employment as a Nursing Assistant in a Long Term Care Facility. Theory and basic nursing care skills will be taught with an emphasis being placed on the psychosocial-cultural approach to client care. Students will learn communication skills, basic anatomy and physiology, growth and development, infection control, body mechanics, basic nutrition, client/resident elimination needs, the client/resident unit, vital signs, range of motion exercises, bed making, rehabilitation and restorative care, client admission and discharge, common health problems, dealing with death and dying, and basic medical terminology. NA 104 and NA 104L (laboratory) must be successfully completed with a C- or better in order to continue to NA 105 Nursing Assistant Clinical. NA 105 must also be successfully completed with a C- or better to be eligible to take the state certification competency examination. Attendance is required to meet the federal requirements for training hours and content prior to direct contact with a patient/resident and the state competency examination. Students must test out of all CCDE and CCDR courses and eligible to take ENGL 1110G to enroll in this course. Restricted to Community Colleges campuses only.

**Corequisite(s):** NA 104 L.

## NA 104 L. Nursing Assistant Fundamentals Lab 1 Credit (3P)

This course prepares students for employment as a Nursing Assistant in a Long Term Care Facility. Students will learn and demonstrate personal care skills including bathing, grooming, dressing, toileting, assisting with eating and hydration, skin care, transfers and positioning. Students will also learn and demonstrate the use of assistive devices, and how to maintain resident safety, dignity and privacy. NA 104 & NA 104L must be successfully completed with a C- or greater in order to continue to NA 105 Clinical. NA 105 must be successfully completed with a C- or greater to be eligible to take the state certification competency examination.

**Prerequisite(s)/Corequisite(s):** NA 104. Prerequisite(s): English COMPASS score of 35 or greater or CCDE 110N, and reading COMPASS score of 55 or greater or CCDR 105N. Restricted to Community Colleges campuses only.

## NA 105. Nursing Assistant Clinicals 4 Credits (3+3P)

Extension of basic fundamentals of personal care, including theory, skills and clinical experience leading to the certified Nursing Assistant Examination at the conclusion of the semester. Continuation of NA 104. Requires a C or better to pass. Restricted to: Community Colleges only.

**Prerequisite(s):** C or better in NA 104 or consent of instructor.

## NA 109. Phlebotomist Basic 4 Credits (2+4P)

This course provides the latest information, techniques, skills, and equipment for blood and specimen collection based on the standards of the Clinical and Laboratory Standards Institute, Needlestick Prevention Act, Joint Commission 2008 National Patient Safety Goals, OSHA and CDC. An advanced skills lab is included in the course to provide a "hands-on" practice experience and a 30 hour practicum in a supervised work environment collecting blood and specimens on actual patients for laboratory tests. Attendance is mandatory. Prepares students for employment as a phlebotomist in health care settings. Requires a "C" or better to pass. Upon successful completion of the course, student has the opportunity to test for National Healthcareer Certification. Consent of Instructor required.

**Prerequisite(s)/Corequisite(s):** BIOL 1130 or BIOL 2225. Restricted to Community Colleges campuses only.

**NA 110. Electrocardiogram Technician Basic****4 Credits (3+2P)**

Prepares students for employment as an Electrocardiogram Technician. Includes basic theory of the cardiovascular system, cardiac rhythm interpretation, 12 lead ECG lead placement, and ECG equipment trouble shooting. The course includes an advanced skills laboratory for "hands-on" practice and 16 hours of supervised clinical in the work environment assisting with ECG testing. Attendance is mandatory. Course requires a grade of "C" or better to pass. Upon successful completion of course, student has the opportunity to test for National Healthcareer Certification. Restricted to Community Colleges campuses only.

**Learning Outcomes**

1. Perform ECG's, including patient preparation, electrode placement, recording ECG's, mounting upload of ECG to patient's chart. Calculate a patient's heart rate and identify the heart rhythm from an ECG tracing. Identify artifacts; waveform elements of the cardiac cycle, including variances related to ischemia, injury or infarction; as well as, major classifications of arrhythmias. Prepare and monitor patient's for Holter monitoring and telemetry. Prepare, conduct and monitor patients during stress testing. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when indicated, including patient compromise or complications. Demonstrate professional conduct and interpersonal communication skills with patients, other health care professionals, and with the public. Recognize the responsibilities of other health care personnel and interact with them with respect for their jobs and patient care. Apply basic scientific principles in learning new techniques and procedures. 1 Relate electrocardiogram findings to common disease processes.

**NA 111. Alzheimer/Dementia Care Focus****3 Credits (3)**

Students will learn respectful care of Alzheimer/Dementia persons while ensuring their dignity, maximizing safe independence focusing on strengths and abilities.

**Prerequisite(s)/Corequisite(s):** NA 104 or NA 101. Restricted to: Community Colleges only.

**NA 113. Sterile Processing Practicum****5 Credits (1+4P)**

This course will allow students to get hands on training in the Sterile Processing Department. They will perform critical functions learned in the Sterile Processing Technician course. They will apply principles of medical asepsis and infection control and by the end of the practicum be able to independently function in all work areas of the Sterile Processing Department. This field is constantly evolving and those desiring to work in this profession must ensure that they stay abreast of the science behind the discipline. Restricted to Community Colleges campuses

**Prerequisite(s)/Corequisite(s):** NA 102. Prerequisite(s): CCDE 110 N.

**Learning Outcomes**

1. Utilize equipment safely in the Sterile Processing Department  
Apply concepts of infection control and medical asepsis Effectively demonstrate professional ethical concepts Demonstrate proper cleaning, decontamination, disinfection, and sterilization practices Properly prepare and assemble surgical trays and kits to include packaging and quality assurance indicators Validate sterilization loads to ensure patient safety

**NA 115. Phlebotomist Technician****6 Credits (3+6P)**

Basic theory and skills of phlebotomy following OSHA and Center for Disease Control guidelines. Prepares students for the requirements of testing for the ASCP certification exam and employment in a healthcare organization as a phlebotomist in licensed settings. Laboratory hours include infection control skills & practice, patient assessment & teaching, and practice in venipuncture. Clinical time includes clinical laboratory processes and operations, patient assessment, venipuncture, and exposure to clinical policies and procedures. Upon successful completion students are workforce ready. Requires C or better to pass. Restricted to Community Colleges campuses only.

**Learning Outcomes**

1. Collect and process biological specimens for analysis. Recognize factors that affect procedures and results, and take appropriate actions within predetermined limits when corrections are indicated. Monitor quality control within predetermined limits. Perform preventative and corrective maintenance of equipment and instruments or refer to appropriate source for repairs. Demonstrate professional conduct and interpersonal communication skills with patients, laboratory personnel, other health care professionals, and with the public. Recognize the responsibilities of other laboratory and health care personnel and interact with them with respect for their jobs and patient care. Apply basic scientific principles in learning new techniques and procedures.

**NA 204. Patient Care Technician****4 Credits (3+3P)**

This course will prepare Certified Nursing Assistants (CNAs) to work in the acute care setting through an expansion of their existing basic skill set. Students will acquire expanded acute care skills, critical thinking skills, and knowledge in caring for patients of all ages. Currently CNA certified. Restricted to Community Colleges campuses only.

**Prerequisite(s):** (NA 104, NA 105, NA 109, NA 110, AHS 120, and (BIOL 1130 or (BIOL 2210 & BIOL 2225))).

**Corequisite(s):** NA 205.

**NA 205. Patient Care Technicians Practicum****4 Credits (1+9P)**

This course will prepare Certified Nursing Assistants (CNAs) to work in the acute care setting through an expansion of their existing basic skill set. Students will acquire expanded acute care skills, critical thinking skills, and knowledge in caring for patients of all ages. Students will go to acute care settings to practice newly acquired skills. Must have a "C" or better to pass. Restricted to Community Colleges campuses only.

**Prerequisite(s):** (NA 104, NA 105, NA 109, NA 110, AHS 120, & (BIOL 1130 or (BIOL 2210 & BIOL 2225))) Currently CNA Certified.

**Corequisite(s):** NA 204.

**NA 209. Phlebotomy Laboratory Technician****4 Credits (2+4P)**

A continuation of NA 109, Phlebotomy Basic. This course furthers the experience, knowledge and skills of the phlebotomist by providing advanced specimen collection techniques, skills to assist with lab management, patient data processing, quality control measures, and customer service. Completion of thirty clinical hours and fifty successful venipunctures are required. Attendance is mandatory. Requires a final grade of "C" or better to pass. Consent of Instructor required. Restricted to Community Colleges campuses

**Prerequisite(s)/Corequisite(s):** ENGL 1110G or ENGL 1110H or ENGL 1110M. Prerequisite(s): (BIOL 1130 or BIOL 2310 & BIOL 2225), and AHS 120, and NA 109.

**Learning Outcomes**

1. Students will learn and demonstrate advanced specimen collection techniques. Students will learn and demonstrate advanced laboratory processing skills. Students will effectively employ skills required for patient information processing. Students will employ concepts of medical asepsis and infection control. Students will apply knowledge and skills required for quality control measures in the laboratory setting. Students will demonstrate professional and appropriate communication, in addition to soft skills. Students will learn and practice blood collection techniques in preparation for the PBTASCP national certification exam.

**NA 210. Administrative Procedures for Medical Assistants****4 Credits (4)**

This course will provide students with the administrative procedures needed for a medical assistant. Skills will include creating a welcoming environment, cultural considerations, office safety, opening and closing procedures, computer operation and management, written and telephonic communications, financial procedures, patient scheduling, medical record management, and medical insurance, billing, and coding. Restricted to Community Colleges campuses

**Prerequisite(s)/Corequisite(s):** NA 212. Prerequisite(s): MATH 1215, and ENGL 1110G, and AHS 120, and BIOL 1130 or BIOL 2225.

**Learning Outcomes**

1. Create and maintain a medical facility environment
2. Demonstrate professional business communications in writing, via telephone, and email.
3. Demonstrate patient scheduling, screening calls, and check-in.
4. Create a patient chart and demonstrate medical record management.
5. Demonstrate the use and management of an electronic health record.
6. Identify insurance and billing terminology.
7. Identify the different characteristics of third party medical payer sources.
8. Collect information for billing, and precertification for services.
9. Identify common procedure codes for diseases and procedures
10. 1 Complete billing and coding forms.
11. 1 Demonstrate office financial practices, managing patient accounts, and tracking, collecting payments, documentation, and performing banking procedures.
12. 1 Performing inventory, and purchasing of supplies.
13. 1 Identify billing and collection procedures.
14. 1 Demonstrate office accounting practices.
15. 1 Apply laboratory regulations for safety and quality in the medical laboratory
16. 1 Identify legal considerations in the management of a medical office.

**NA 212. Medical Assistant Capstone Course****6 Credits (6)**

This course provides the student with entry-level theory and limited "hands-on" training in basic and routine clinical office tasks. The course will equip the Medical Assistant (MA) student with the competencies required to perform in a medical office under the direct supervision of a physician. The graduate will be able to assist the physician with physical exams, ECGs, phlebotomy, and minor surgical procedures. CNA Certification within the last 5 years.

**Prerequisite(s):** NA 105, NA 110, NA 109, AHS 120, BIOL 1130, BOT 208, HIT 228, HIT 248.

**NA 214. Medical Assistant Practicum****6 Credits (1+6P)**

This course is the practicum for NA 212 Medical Assistant Fundamentals Capstone Course. Students will prepare for a career as a medical assistant in medical offices and clinics. During practicum students will observe and participate in 180 hours in a supervised work environment using knowledge and skills learned in NA 212. This course includes weekly post-practicum conferences with the instructor. The student will be evaluated by both the employer and the instructor. Requires a "C" or better to pass. Upon successful completion the student may be eligible to test for National Certification. Students who have been CNA Certified within the last 5 years can use this to enroll into this course. Consent of Instructor required.

**Prerequisite(s)/Corequisite(s):** NA 212. Prerequisite(s): NA 105, NA 110, NA 109, AHS 120, BIOL 1130, BOT 208, HIT 228, HIT 248. Restricted to Las Cruces campus only.